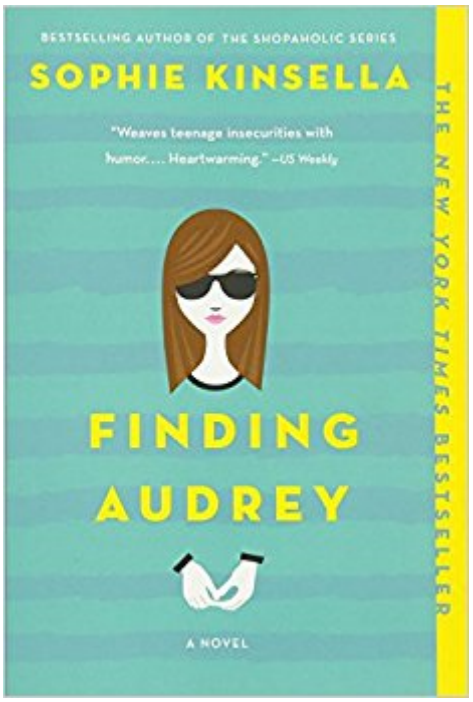
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Finding Audrey



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Synopsis

A ZOELLA Book Club Pick!From the #1 New York Times bestselling author of the Shopaholic series comes a terrific blend of comedy, romance, and psychological recovery in a contemporary YA novel sure to inspire and entertain.Audrey wears dark glasses all the time, even in the house. She almost never goes out, doesnÃ¢â ¬â„¢t talk to new people, and finds making eye contact to be nearly impossible. Ã Â But then one day she meets Linus. Linus is her brotherÃ¢â ¬â„¢s friend and a sensitive spirit with whom she can talk through her fears. He makes her laugh and doesnÃ¢â ¬â„¢t leave her feeling like sheÃ¢â ¬â„¢s being judged. As their friendship deepens, AudreyÃ¢â ¬â„¢s recovery gains momentum, and she and Linus begin to develop feelings for each other. But how can they have a future together when Audrey hasnÃ¢â ¬â„¢t dealt with her past? And how could anyone ever love her once theyÃ¢â ¬â„¢ve seen her at her worst?Ã Â Ã¢â ¬Å“An outstanding tragicomedy that gently explores mental illness, the lasting effects of bullying, and the power of friends and loving family to help in the healing.Ã¢â ¬Â•Ã¢â ¬â •Kirkus Reviews, Starred Ã¢â ¬Å“KinsellaÃ¢â ¬â„¢s knack for humor and sensitivity shine.Ã¢â ¬Â• Publishers Weekly

Book Information

Paperback: 304 pages

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Average Customer Review: 4.0 out of 5 stars 359 customer reviews

Best Sellers Rank: #14,842 in Books (See Top 100 in Books) #2 inÃ Â Books > Teens > Literature & Fiction > Social & Family Issues > Family > Marriage & Divorce #5 inÃ Â Books > Children's Books > Growing Up & Facts of Life > Family Life > Marriage & Divorce #10 inÃ Â Books > Teens > Literature & Fiction > Social & Family Issues > Depression & Mental Illness

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Gr 7 UpÃ¢â ¬â •The author of the wildly popular "Shopaholic" series (Dial) for adults, has a surefire winner in her YA debut. Audrey doesn't go to school, wears dark glasses all the time, and rarely

leaves her house. Mum and Dad are gently encouraging and helpful and try to assist Audrey in recovering from her debilitating anxiety disorder, for which she has recently been released from hospital care. Brother Frank is a computer gaming fanatic, and four-year-old brother Felix is a cute foil for the drama going on in the rest of the household. Readers are left pondering why is Audrey so anxiousÃ¢â ¬â •what happened? Kinsella never explicitly reveals what triggered the protagonist's anxiety. The expert and sympathetic depiction of the teen's symptoms and emotions is the strongest part of the novel. Unfortunately, Audrey's rapid recovery once she meets a cute guy rings a bit false, or at least, a too conveniently clichÃƒÂ©d, but tweens and teens may enjoy the portrayal of the hasty romance. Sparkling dialogue, carefully developed characters, great parent-child interaction, and a bit of rom-com all join to demonstrate the author's expertise in developing a compelling story. VERDICT A deep and sensitive portrayal of a British teen's recovery from a traumatic experience. Expect requests!Ã¢â ¬â •Susan Riley, Mamaroneck Public Library, NY --This text refers to the Hardcover edition.

PRAISE FOR FINDING AUDREY:"An outstanding tragicomedy that gently explores mental illness, the lasting effects of bullying, and the power of friends and loving family to help in the healing."Ã¢â ¬â •Kirkus Reviews, Starred ReviewÃ Â "Kinsella's knack for humor and sensitivity shine."Ã¢â ¬â •Publishers Weekly"It's fun, it's quick, it's cute, but it also focuses on deeper topics with maturity and responsibility."Ã¢â ¬â •The Guardian (UK)"With her trademark wit and sass, Kinsella's sensitivity broaches the complexities of young adult mental health. [Her] Shopaholic series has long been popular with teens, and her YA debut will likely be just as happening, maybe even among Kinsella's adult readers."Ã¢â ¬â •Booklist"Sparkling dialogue, carefully developed characters, great parent-child interaction . . . all join to demonstrate the author's expertise in developing a compelling story."Ã¢â ¬â •School Library JournalA New York Times BestsellerA ZOELLA Book Club PickPRAISE fOR SOPHIE KINSELLA:Ã Â Ã¢â ¬Å“AÃ Â Sophie KinsellaÃ Â novel is like a box ofÃ Â ValentineÃ¢â ¬â„¢s DayÃ Â chocolates.Ã¢â ¬Â• Ã¢â ¬â •USA TodayÃ Â Ã¢â ¬Å“Kinsella has a genuine gift for comic writing.Ã¢â ¬Â•Ã¢â ¬â •The Boston GlobeFrom the Hardcover edition.

The book was different from what I was expecting - and in a good way.There is a certain delicacy and fragility through it and a line that itÃƒÂ¢Ã â ¬Ã â„¢s traced in the early pages when Audrey tells you that you are going to know just so much, just what she feels comfortable telling. I really liked that.Maybe there is a little simplicity in how the idea behind the story is approached - but then

again, why not.Nevertheless, I was smiling by the end of it - and thatÃƒÂ¢Ã â ¬Ã â„¢s a good sign as far as IÃƒÂ¢Ã â ¬Ã â„¢m concerned.

I am OBSESSED with Sophie Kinsella's amazing stories. I have laughed, cried, been angry and smiled with her books. This one was not the exception. This is a story that younger readers could relate to very easily. I recommend it for those girls that are being bullied at school or suffering from the pains of adolescence. Light read, super fun! As always, 5 stars for this author!

This was a fun and light read despite the darker subject matter. I enjoyed looking into Audrey's mind, especially having dealt with a bullying issue myself that led to me leaving my school, hospitalization, and developing generalized anxiety disorder and depression. I love how humor is used to lighten what would be such a dark book, and I feel as if the humor only makes it more realistic. Often, I find myself joking about my disorders in order to make it feel less debilitating and force it to have less of an impact on my life. Sophie Kinsella also perfectly captures the mind of the average social/general anxiety patient. Naturally, every person is different, but many of the symptoms Audrey displays are found in the majority of anxiety patients.I loved this book. It was fun to read and extremely relatable for me. The format was great, and I feel this would make a hilarious and heart wrenching movie.

"Finding Audrey" was read in a week-end. And what a week-end that was! I work as a clinical psychologist and one of my patients knows I love Kinsellas books. She told me about how she identyfied with the main character in the book and wanted me to read it.In this book we meet a young girl (Audrey) and her loving family trying to cope with her anxiety. Kinsella describes it all with the right amount of humor, warmth and love to make this one of her better books (I have read them all!). It is a far cry away from "The Shopaholic", and still has Kinsella written all over it.Is touches on difficult questions about anxiety, treatment and the way young lifes can be damaged by bullying at school. It says something about how desperate it is for a family trying to cope just with ordenary life - and now with this overwhelming situation in addition.I loved the book and I now tell my patients about it. It is great to have a book that young and adult patients can relate to - and that explains anxiety without all the tecnical psychology or self-help "just do this" focus.

O.k., I am a Sophie Kinsella/Madeline Wickham (pseudo author name) fan so it wasn't the typical Sophie Kinsella read. It was a bit different, but I still enjoyed it.The character development of Audrey

and her dealing with mental illness/anxiety disorder was really great. Especially as Audrey's healing process allows her to become more aware of how her illness has effected her family. I enjoyed all of the characters, her brother Frank, Linus, her neurotic/loving mother, her father, and little brother Felix.I do wish I could have learned exactly "what" took place drove Audrey to this place of depression and anxiety. However, I think the focus of the story was to show Audrey working towards the future and not reflecting on the past. Something we all need to do. I liked the book.

A Kinsella book never fails to amuse me. Like all the rest, this latest one is totally enjoyable. Had I not been conscious of my sleeping time because I was still recovering from a jetlag, I would have finished this in one sitting. Believe me, this is not the book to pick up and fall asleep in.Audrey is suffering from an anxiety disorder and is not able to get out of the house (except for appointments with her therapist); not able to communicate with people other than her family and therapist; has to keep herself small even within the confines of her own home. She's got a hilarious but perfectly normal family.As with other Kinsella books, this is LOL funny (I already mentioned this is not a sleeping-in book). Kinsella's writing style is such that the pages are transformed into a sitcom TV screen.I only have one issue and that's why the missing fifth star: I thought there was going to be a big reveal of what happened to Audrey, but nada...Anyway, this is one fun and fast read.

I like this author, her writing and her characters. I would have given it more stars had there been an explanation as to what exactly happened to Audrey at the hands of the bullies. It was alluded to throughout the book and I figured that eventually there would be a full explanation, but there never was.

This was a really quirky and fun contemporary YA novel, almost like The Perks of Being of Wallflower meets Anna and the French Kiss.The premise was something I'd never read before: a girl suffers from debilitating social anxiety following an incident at school, which results in her never leaving her house and wearing dark sunglasses at all times. Enter her brother's cute video gaming friend who slowly starts to pull her out of her shell.The relationships in this book were so strong. I loved the family, how they drove each other crazy but clearly loved each other, and how they welcomed Linus into their circle. The mom's anti-video game antics got a little old, but I did appreciate Frank's retaliations, which were smart and pretty hilarious.But the best part about this book though was the writing. It's Sophie Kinsella to the T: brilliant humor, strong voice, and fast-paced. I hope Kinsella writes more YA!

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